

THE SUNDIAL

“We remember only the sunny days”

September 2010

Volume VI, Issue 1

A child must have assurance in the command of his subjects. It is this assurance that gives poise, that enables him to go forth into the world and enjoy the experience. If he has this assurance he will have that inner peace which will enable him to make his contribution to life.

Quality Teaching ~ Successful Learning by Mae Carden

Inside this issue:

<i>Back to School</i>	1
<i>New Lunch Program</i>	1
<i>Calendar of Events</i>	2
<i>Please Note</i>	2
<i>Staff and Teachers</i>	3
<i>School Uniforms</i>	4
<i>Parents' Calendar</i>	5-6
<i>Online Lunch Orders</i>	7
<i>Student Drop Off, Pick Up, and Parking</i>	8

Welcome Back to School!

We look forward to greeting the children and their parents back to school. We also extend a warm welcome to the families new to Carden Conejo. The first day of school for all students is **Thursday, September 9th**. Students are invited for a brief visit

with their new teacher and classmates on Wednesday, September 8th from 11:00 a.m. to 12:00 noon. For children entering Pre-School, Pre-K, Junior K, or Kindergarten, the parents should go to the classroom with their child for an orientation with the teacher. For

parents of children in grades one through seven, parents should drop their child off at the front of the school. The school office continues to be open for business, daily from 8:30 am until 4:00 pm.

New Lunch Program

We are excited to announce a new lunch program at Carden Conejo. We have hired **Paulette Lambert**, R.E., CDE and Director of Nutrition at the California Health and Longevity Institute to help us improve the quality and nutrition of our school lunches. Ms. Lambert has redesigned the menus to include increased quantities of vegetables, fruits, whole grains, leaner protein, and less saturated fats, sodium, and sugar while relying less on prepackaged, preserved foods. We have also hired **Burgundy Creek** (Shirley and Jenna Bermann), a local catering company, to follow these recommendations and to allow for healthier, fresher, homemade food preparation. The new

two-week rotation menu will include more homemade items with exciting, kid friendly options such as Nona's baked ziti, turkey black bean chili with homemade cornbread, Chinese stir-fry bowl, healthy mac and cheese, and wonderful sub sandwich on freshly baked whole grain rolls. Our goal is to expose our students to a variety of real, wholesome foods.

The new price for these upgraded lunch choices are **\$4.00 per day**.

Parents also have a new way to view, order, and pay for lunches using the School Lunch Choice online registration service. Once your family account has been cre-

ated on School Lunch Choice, you can look at the upcoming month's menu items, choose lunches for your children, and pay using a credit card online.

Attached are step-by-step instructions for setting up your family account on School Lunch Choice and placing your lunch orders. **Please note: you may place orders up until 9:00 pm on the night before the lunch day.**

While we will no longer be using lunch tickets, if you still have lunch tickets left over, you may bring them to the office and sell them back to us for \$3.00 each.

CALENDAR OF EVENTS

Orientation & Visitation

On **Wednesday, September 8th** at **11:00 am**, all students are invited for a brief visit with their new teacher and classmates. Parents are invited to accompany the children entering Pre-School, Pre-K, Junior K, and Kindergarten. A postcard will be mailed to all students on September 3 notifying them of their new teacher.

First Day of School

School starts on **Thursday, September 9th**. This will be a full academic day for all grades.

Grades K—7 should wear their weekday uniform.
Grades 2—7 should also bring their sports clothes to change into for sports class.

Friday, September 10 will be our first Assembly day. Students in K—7 are to wear their Friday dress uniform. Parents are welcome to attend Assembly in the auditorium.

Back-to-School Coffee

On **Thursday, September 9th**, parents are invited to the school auditorium after dropping their child off, for a “Back-to-School Coffee” hosted by the CCPA.

New Parent Tea

All parents/grandparents new to Carden Conejo School are invited to the “**New Parent Tea**” on **Friday, September 17**, following the Assembly. The CCPA board members will be there to welcome you to Carden Conejo and answer questions you may have.

Back-to-School Week

During the week starting Monday, September 27, parents of elementary and middle school students are invited to attend their child’s classroom to learn more about the teachers’ plans for the year. Please plan to arrive at 8:30 am.

Kindergarten and Grade One	Monday, September 27
Grades Two and Three	Tuesday, September 28
Grades Four and Five	Wednesday, September 29
Grades Six and Seven	Thursday, September 30

Family Bingo Night

On **Friday, October 1st**, everyone is invited to enjoy a Family Bingo Night in the school auditorium. We will have fun and games for all ages. More information will be forthcoming.

PLEASE NOTE

Enhanced Communication

It is a priority of Carden Conejo to improve communication between the school and the parents, and between the teachers and the parents. We are implementing new systems to make communication easier, timelier, and more effective. We have enrolled with the AlertNow messaging system so that we can send a telephone (voice and text) or e-mail message to you providing important information about school events or emergencies. We have also enhanced the school website (www.cardenconejo.org) to provide more timely and useful information about what is going on at the school and also to provide an easy access point to the teachers’ email addresses and their personalized web pages.

Please be sure to send in the “Enhanced Communication Form” (pink copy) along with the emergency cards and carpool permission form as soon as possible, so that we may be sure that your important contact information is properly input into our systems.

“Academic Choice”

In the spring we implemented a new afternoon schedule for students in K – 7th that provided for free tutoring at the end of the school day, called “Academic Choice.” Academic Choice time allows support for those who benefit from additional instruction. Another benefit is the dedicated time to make up lessons and tests missed due to absence and travel. We have decided to continue with Academic Choice for the 2010-11 year. The afternoon dismissal for students in K-1st will be 2:00 pm (or 2:30 pm, Monday-Thursday if staying for Academic Choice). Students in 2nd – 7th will be dismissed at 3:00 pm (or 3:30 pm, Monday—Thursday) if staying for Academic Choice).

Health Forms

Families of children entering **Pre-School** and new families of children entering **Pre-Kindergarten** must complete, sign and turn in all health forms required by the California Department of Social Services, before the child’s first day of school.

Staff

Head of School:	Dr. Holly Fleming	Office Staff:	Mrs. Georgan Schmitz
Business Manager:	Mr. Bob Fleming		Mrs. Antoinette Grassi
Pre-S/Pre-K/Jr. K Director:	Mrs. Karen Smith		
Play Program Director:	Ms. Marie David		

Homeroom Teachers & Aides	Specialist Teachers
<p>Pre-School: Ms. Alisha Hendrix Mrs. Coreen Ellrott Ms. Olga Vess Ms. Ashley Land (Aide) Ms. Curstin Aupperle (Aide)</p> <p>Pre-Kindergarten: Mrs. Marie David Mrs. Carol Rosenberg</p> <p>Junior Kindergarten: Mrs. Emiko Madison Mrs. Beth Love</p> <p>Kindergarten: Mrs. Charissa Hill Mrs. Donna Torigian Ms. Addi Ré (Aide) Mrs. Juliana Beeman (Aide)</p> <p>Grade One: Mrs. Suzanne Culbert Mrs. Theresa Lyon Mrs. Mavis Whitwell</p> <p>Grade Two: Mrs. Amber Christ Ms. Sharon Hallett</p> <p>Grade Three: Mrs. Stephanie Eason Mrs. Karen Habib</p> <p>Grade Four: Mrs. Sue Minihan Mrs. Reva Sims</p> <p>Grade Five: Mrs. Sadhana Sharma</p> <p>Grade Six/Seven: Ms. Lara Landry</p>	<p>Mathematics: Mrs. Donna Brunasso (K—3) Mrs. Kathleen McCray (4—7)</p> <p>Science: Mrs. Amy Stone (K—3) Mrs. Lisa Macias-Flavin (4—7)</p> <p>French: Mrs. Julie Christensen (K—3) Mdme. Frederique Bacharach (4—7)</p> <p>Latin: Mdme. Frederique Bacharach (6 & 7)</p> <p>Literature: Mrs. Georgan Schmitz (4)</p> <p>Music: Ms. Tracy Murphy</p> <p>Art & Art Appreciation: Mrs. Nicolle Echevarria</p> <p>Computer: Gabby Mathias</p> <p>Sports: Mr. Jacob Schlosser Mr. Steve Shaw</p>

School Uniforms for Elementary and Middle School

Our school uniform provides security and consistency to each child's daily routine. When all families are held accountable for the same clothing and grooming requirements, children are free to concentrate on learning and enjoying all that school has to offer. Please read the regulations carefully and help your youngster to follow them.

New uniforms can be purchased at Mills Uniforms (800-541-1850 or www.millswear.com). Gently used uniforms can be purchased from "**La Boutique Carden.**" located here on campus. Purchases go to the Scholarship Fund.

Our school website (www.CardenConejo.org) shows photos of students in uniform to help you.

Girls: Kindergarten—Grade 4

Monday—Thursday:

Sailor dress, white cuffed socks (plain) reaching above the ankle, and all-white leather sport shoes.

Friday:

Plaid jumper, white "Peter Pan" blouse, red tie, navy blue blazer with the school crest, navy blue knee socks (red has been discontinued but it is okay to wear the red socks for a *transition year*), black or navy buckle or tie dress shoes.

Girls' hair and grooming guidelines

Hair of shoulder length or longer must be fastened back. Hair-bands, scrunchies, ribbons, and clips must be school colors. Bangs should not hang below the eyebrows.

The following items are not appropriate:

- Hair extensions, wrapped or beaded hair.
- Bleached or dyed hair.
- Expensive jewelry.
- Dangling earrings.
- Polished or long nails.
- Lipstick, makeup, body glitter, lip-gloss.
- Tattoos or skin decorations.
- More than one simple bracelet.

Boys' hair and grooming guidelines

Hair of collar length or longer must be fastened or tied back so it will not fall over the face. Bangs should not hang below the eyebrows. We do not allow bleached or dyed hair. No tattoos or skin decorations are to be visible. Only one simple bracelet.

Girls: Grades 5—7

Monday—Thursday:

Navy blue skirt or navy blue slacks, blue, red or white school polo shirt, white cuffed socks reaching above the ankle, and all white leather sports shoes.

Friday:

Plaid skirt, button-down white oxford shirt, school tie (red for grades 5 & 6; plaid for grade 7) navy blue blazer with the school crest, navy blue knee socks (red has been discontinued but it is okay to wear the red socks for a *transition year*). Black or navy buckle, tie, or loafer-style shoes. Girls should bring their weekday shoes to change into for sports.

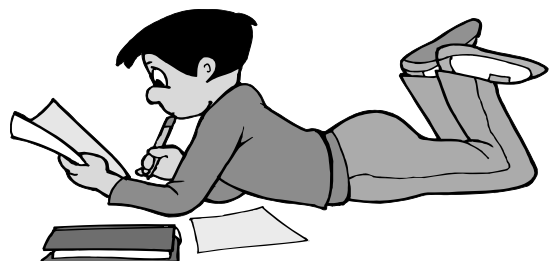
Boys: Kindergarten—Grade 7

Monday—Thursday:

Navy blue walking shorts or slacks, worn with a red, blue, or white school polo shirt. Navy or white cuffed socks reaching above the ankle, are to be worn with all black leather sports shoes.

Friday:

Gray slacks, white button-down oxford shirt, school plaid tie, navy blue blazer with the school crest, black dress socks, and black or navy blue dress shoes. Grades 5-7 may wear loafers. Boys should bring their weekday shoes to change into for sports.



CARDEN CONEJO SCHOOL

Parents' Calendar (2010—2011)

SEPTEMBER

Wednesday	September 8th	Pre-School, Pre-K, and Jr. Kind. Orientation (BRING YOUR CHILD)	11:00 a.m. - Noon
Wednesday	September 8th	Kindergarten Orientation (BRING YOUR CHILD)	11:00 a.m. - Noon
Wednesday	September 8th	Classroom Visitation for students in 1st - 7th	11:00 a.m. - Noon
Thursday	September 9th	SCHOOL BEGINS	8:15 a.m.
Thursday	September 9th	Back to School Coffee (Auditorium)	8:30 a.m.
Friday	September 17th	New Parent Tea (Auditorium)	9:00 a.m.
Monday - Thurs	September 27th - 30	Back-to-School Week (Kind. - 7th)	8:30 a.m. - 9:30 a.m.
Monday	September 27th	Kindergarten and Grade 1	8:30 a.m.
Tuesday	September 28th	Grades 2 & 3	8:30 a.m.
Wednesday	September 29th	Grades 4 & 5	8:30 a.m.
Thursday	September 30th	Grades 6 & 7	8:30 a.m.

OCTOBER

Friday	October 1st	Family Bingo Night	Evening
Friday	October 8th	CCPA Meeting following Assembly	9:00 a.m.
Friday	October 15th	Progress Reports mailed (Kind. - 7th)	
Tuesday	October 19th	Picture Day - WEAR ASSEMBLY UNIFORMS	
Wednesday	October 20th	Community Service - Free Dress	
Friday	October 29th	Fall Assembly (Kind. - 7th)	8:30 a.m.
Friday	October 29th	Fall Assembly (Pre-S/Pre-K/Jr-K)	9:45 a.m.
Friday	October 29th	Fall Festival	2:00 p.m. DISMISSAL

NOVEMBER

Friday	November 5th	CCPA Meeting following Assembly	9:00 a.m.
Friday	November 5th	Community Service	Morning Drop Off
Wednesday	November 10th	Jog-a-thon/Hip-Hop-Hurray Fundraiser	
Wednesday	November 11th	Veterans' Day Holiday	NO SCHOOL
Friday	November 12th	Report Cards Mailed (Kind. - 7th)	
Wednesday	November 17th	All School Open House	5:30 pm - 7:00 pm
Friday	November 19th	Lower School Thanksgiving Assembly & Feast	9:45 a.m.
Wednesday	November 24th	Thanksgiving Assembly (Kind. - 7th)	8:30 a.m.
		NO PLAY PROGRAM	12:00 p.m. DISMISSAL
	November 25th - 26th	Thanksgiving Holiday	NO SCHOOL
Monday	November 29th	SCHOOL RECONVENES	8:15 a.m.

DECEMBER

Friday	December 3rd	Community Service	
	December 3rd - 4th	Grade 5 Trip to Dana Point (Pilgrim Ship)	
Friday	December 10th	CCPA Holiday Social	
Saturday	December 11th	Book Fair - Barnes & Noble	8:00 a.m. - 12:00 p.m.
Friday	December 17th	Holiday Assembly (Kind. - 7th)	8:30 a.m.
Friday	December 17th	Holiday Assembly (Pre-S/Pre-K/Jr-K)	9:45 a.m.
Friday	December 17th	Holiday Parties	
		NO PLAY PROGRAM	12:00 p.m. DISMISSAL
Friday	December 17th	Progress Reports mailed (Kind. - 7th)	
	Dec. 18th - Jan 2nd	WINTER BREAK	NO SCHOOL

CARDEN CONEJO SCHOOL

Parents' Calendar (2010—2011)

JANUARY

Monday	January 3rd	SCHOOL RECONVENES	8:15 a.m.
Tuesday	January 11th	Kindergarten Orientation (for Primary Sch Parents)	8:30 a.m.
Friday	January 14th	Martin Luther King Assembly (Kind. - 7th)	8:30 a.m.
Monday	January 17th	Martin Luther King Holiday	NO SCHOOL
	January 25th - 27th	Healthy Living Week	
Friday	January 28th	Report Cards Mailed (Kind. - 7th)	
Monday	January 31st	Second Semester Begins	

FEBRUARY

Friday	February 4th	CCPA Meeting following Assembly	9:00 a.m.
Friday	February 14th	Valentine's Day Parties	
Wednesday	February 16th	"Wear What We Want" Fundraiser - CCPA	
Friday	February 18th	Presidents' Day Assembly (Kind. - 7th)	8:30 a.m.
Monday	February 21st	Presidents' Day Holiday	NO SCHOOL
Friday	February 25th	Progress Reports Mailed (Kind. - 7th)	

MARCH

Wednesday	March 2nd	All School Open House	5:30 pm - 7:00 pm
Friday	March 4th	CCPA Meeting following Assembly	9:00 a.m.
Friday	March 4th	"Bear Day"	
Wed - Friday	March 16th - 18th	Scholastic Book Fair	
Friday	March 18th	Family Event at School	Evening
Friday	March 25th	Community Service	Morning Drop Off
Friday	March 25th	Report Cards Mailed (Kind. - 7th)	

APRIL

Friday	April 8th	CCPA Meeting following Assembly	9:00 a.m.
Friday	April 15th	Spring Assembly (Kind. - 7th)	8:30 a.m.
Friday	April 15th	Spring Assembly (Pre-S/Pre-K/Jr-K)	9:45 a.m.
Friday	April 15th	Spring Class Parties	11:00 a.m.
		NO PLAY PROGRAM	12:00 p.m. DISMISSAL
	April 16th - May 1st	SPRING BREAK	NO SCHOOL

MAY

Monday	May 2nd	School Reconvenes	8:15 a.m.
Thurs - Friday	May 5th - 6th	Grade 4 Trip to Sacramento	
	May 9th - 13th	Stanford Achievement Tests	
Wednesday	May 11th	Discovery Day	
Friday	May 13th	Progress Reports mailed (Kind. - 7th)	
Friday	May 20th	Teacher Appreciation Day (No Assembly)	2:30 pm Dismissal
Friday	May 27th	Memorial Day Assembly (Kind. - 7th)	8:30 a.m.
Friday	May 27th	Sharing Day	11:30 a.m.
Monday	May 30th	Memorial Day Holiday	NO SCHOOL

JUNE

	June 6th - 10th	Tournament Week	
	June 7th - 9th	Final Exams (Grades 6 & 7)	
Friday	June 10th	CCPA Family Picnic	5:00 p.m.
Monday	June 13th	Sports Day	2:00 Dismissal
Tuesday	June 14th	Closing Ceremony - Pre-S/Pre-K/Jr-K	9:45 a.m.
Wednesday	June 15th	LAST DAY - Upper School Assembly	9:15 a.m.
		DISMISSAL FOLLOWING ASSEMBLY - NO PLAY PROGRAM	
Friday	June 17th	Report Cards mailed (Pre-School through 7th Grade)	

ORDER SCHOOL LUNCHESES ONLINE

Dear Parent,

Online registration for school lunch is now available!

Carden Conejo is pleased to offer the parents of our students a new way to view, order and pay for lunches using School Lunch Choice, our online registration service. School Lunch Choice will make ordering lunches more convenient for families, provide improved tracking for our food service and make it easier to keep track of what has been ordered from month to month for each of your children.

What you need to know...

1. Create your family account using Carden Conejo's dedicated site with School Lunch Choice. You can follow the simple instructions in this letter.
2. New lunch menus will generally be available 4 weeks ahead. Our lunch menus will follow a 2 week cycle. Follow the simple instructions found on this sheet to set up your family account, login, view the menu and order lunches and pay online.

Registering for School Lunch Choice online and ordering lunches is fast and easy. Here's how:

Step 1

From any computer with an internet connection, go to the Carden Conejo home page found at www.cardenconejo.org. (Or, you may go directly to the Lunch Order site at <http://cardenconejo.school lunchchoice.com> and then go directly to Step 3.)

Step 2

At the top of the left column on the home page you will see the following: Online Registration for School Lunches is Available Now! Click here to go to the Carden Conejo's School

Lunch Choice site to register and order school lunches online.

Step 3

If you are already registered for a School Lunch Choice account, please login using your email and password, and continue on to step 5.

Step 4

If this is your first time registering using Carden Conejo's School Lunch Choice system, please complete the "New Customers" information and click the "Register" button. Click on the "Add New Student" link to add your children to your account. Fill in the child's name, grade, and teacher's name (leave blank if you do not know it).

Step 5

To view the upcoming menu and order lunches, click on one of your student's name on the blue bar. The upcoming lunch menu will come up. Check off each lunch you would like to order for that student. When finished, click on the button at the bottom called "Add Lunches to Cart." If you have another student to order for, click on their name at the top and check off each lunch you would like to order for them and then click "Add Lunches to Cart."

Step 6

When you are finished ordering lunches, click on the button at the bottom called "Proceed to Checkout." On the Checkout page you will be able to review your lunch orders for your students. Then click the button "Finalize Order" to proceed to the page that will show any credits on your account being applied. Click on the button "Complete Order" to proceed to pay for the lunches using a credit card. Charges for lunches will appear on your credit card statement as Carden Conejo—Lunches.

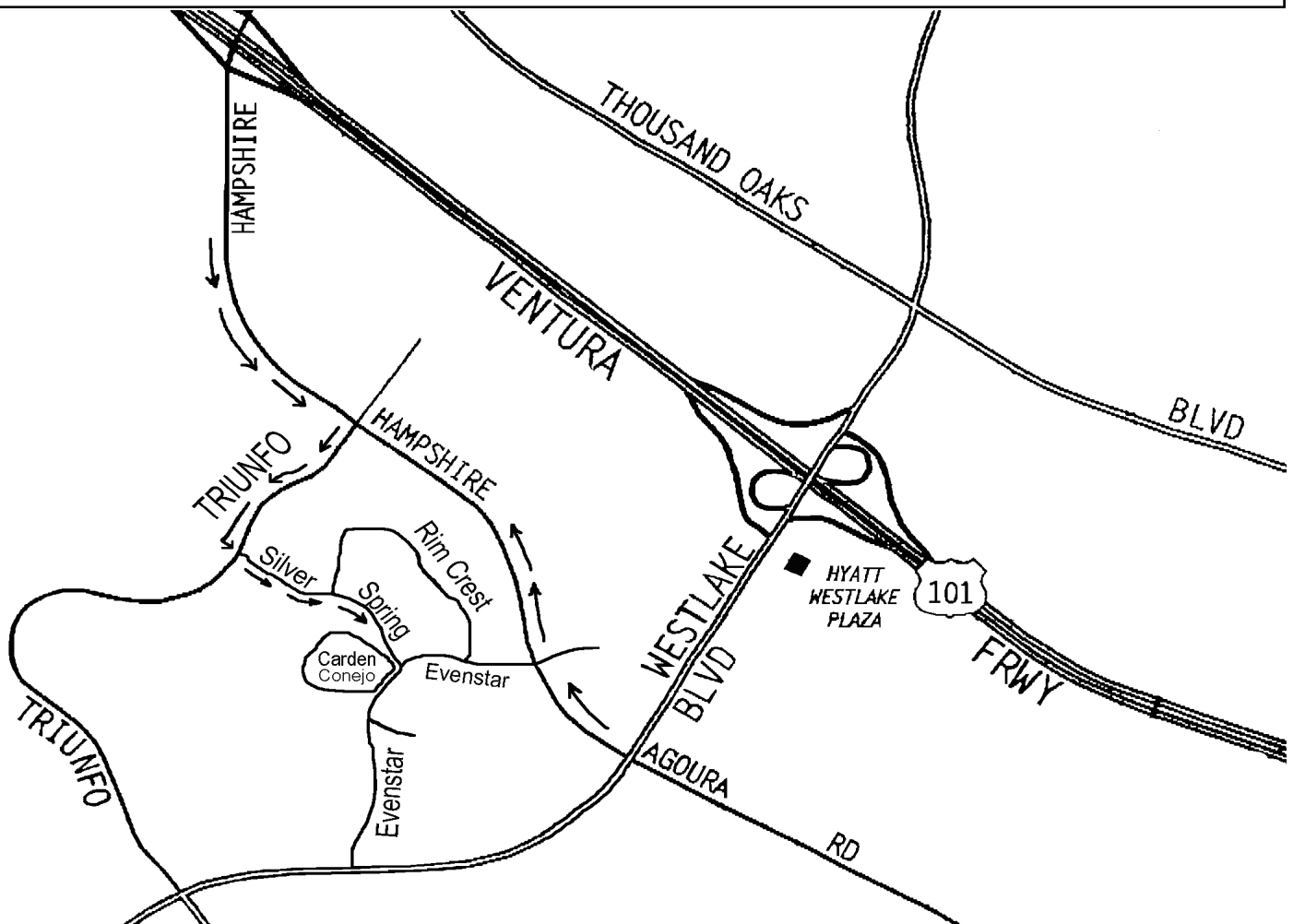
Student Drop Off and Pick Up Procedures

Drop off, pick up and parking continue to be an ongoing issue for those who reside in the neighborhood of Carden Conejo School. Since the first week of school is traditionally somewhat hectic, we would like to remind all parents to please observe the following drop off and pick up procedures.

Please begin your entry on Triunfo Canyon Road, turning onto Silver Spring, to join the line of cars waiting to enter the school driveway (please see the map for clarity.) It is customary to wait in line on Silver Spring and follow the car in front of you as directed by the security guard. As you pull into the school driveway, your child will be escorted out of the car in the morning and into the car in the afternoon. It is important that you wait for the car in front of you to pull out of the parking lot before you leave. This prevents a lot of chaos.

Any variance on this route is unsafe for the children and creates a traffic problem for other parents and community residents. Please do not park and walk your children to the school. Also, U-turns on Silver Spring are both illegal and unsafe, and left turns into the school driveway on Evenstar are not permitted.

For the safety of all children, parents and teachers, please do not use your cell-phone at any time while in the drop-off line, and until after you exit the school driveway.



Parking at School

During Assemblies and special events, Carden Conejo offers plenty of parking on the school's basketball courts. This is the preferred place to park. Please remember to drop off your child first, then re-enter the drop off line to park on the basketball courts. If you do park on the street, please do not block residents' driveways or their trash containers on trash day.